

In The
**Florida Board of Medicine / Florida Board of
Pharmacy**
Lee County, SS.

SCOTT HUMINSKI, COMPLAINANT)
)
Respondents,)
MEDICAL PROVIDER/EMPLOYER,)
LEE COUNTY SHERIFF'S OFFICE)
JANE/JOHN DOES, M.D.)

Complaint / Affidavit of Scott Huminski

² NOW COMES, Scott Huminski ("Huminski"), and, under oath, hereby states, swears, complains and deposes as follows,

- 1) Twenty two years ago Huminski was prescribed Toprol ER for blood pressure and alprazolam for anxiety. Huminski has been on these medications to the present except when he was under the medical care of the Lee County Sheriff's Office ("LCSO") and their medical staff.
- 2) Prior to being placed on Toprol ER, Huminski tried diuretics and had severe side effects including Red Man Syndrome.
- 3) Huminski was arrested and lodged at the LCSO jails for 20 days in February and March of 2019 for failing to pay a fine for contempt of court.

- 4) Upon arrest, Huminski was brought to jail and immediately put in solitary confinement without regard for his medical needs. After 8 hours in solitary, Huminski was interviewed by LCSO staff and Huminski supplied a list of his medications including alprazolam, Toprol ER and Lovaza..
- 5) LCSO chose to discontinue Huminski's medications without notifying him, without consent and without an interview/consultation by a physician.
- 6) Huminski had no contact with a Doctor until 5-7 days into his lodging with the LCSO, yet, all his medications were changed without seeing a doctor and without an inquiry into Huminski's medical history.
- 7) In the past Huminski had tried to substitute Metoprolol Succinate (Toprol ER), with Metoprolol Tartrate (Lopressor), a much more affordable medicine. Huminski found the Lopressor not effective and his private doctor advised the long-acting Toprol ER was superior.
- 8) Throughout his care under the LCSO and their Medical Doctor, Huminski's blood pressure soared for weeks until he finally was supplied Toprol ER. Huminski gets anxiety symptoms and an uncomfortable feeling in his chest when his blood pressure soars, which is what happened with the LCSO handling his health care.
- 9) For the first week of lodging with the LCSO, Huminski was given medications in a small dixie cup which Huminski presumed included medications he had been taking for the last 22 years and he was not

informed that his medications had been stopped and/or modified without his consent or knowledge.

- 10) Along with soaring blood pressure, Huminski began experiencing symptoms of Red Man Syndrome over his entire body and eventually all his skin peeled off in a manner similar to sunburn.
- 11) Huminski, suspecting he was given medications that were ineffective or outright toxic to him, began to ask the nurse what the medications were and as it turns out he was told one medication was a "water pill" which Huminski still does not know the specific medication although he knows not to take this family of medicines from past experience and, similarly Huminski knew he had to take Toprol ER not Lopressor for his high blood pressure. Because of a refusal of the medical staff to inform patients of medication changes, potentially deadly results may occur at LCSO facilities.
- 12) Huminski began refusing the medication that had proven toxic to him in the past, but, knowing of this toxicity, the LCSO kept trying to dispense to him doses of the toxin.
- 13) Huminski believes the secrecy of the LCSO medical staff in not advising him that his medications were being withheld and that he was getting new medicines caused his soaring blood pressures and Red Man Syndrome. If a new medication plan was suggested to Huminski, he would have advised his physician of the problems with the new medications that he knew from past experiences.

- 14) When Huminski saw a female physician at 5-7 days at the LCSO facility, he was prescribed a corticosteroid to relieve his Red Man symptoms although the diuretics were still provided to him which he had to continue to refuse. This is after he told the physician of his history with these medications.
- 15) Huminski believes no prescribing changes should be made without a doctor's consultation and a medical history taken to avoid side effects or allergies with medicines secretly provided to individuals. Even consultation by telephone with a physician would have eliminated these medical errors and provided the necessary medical history.
- 16) Huminski does not know the identity of the doctor(s) involved in his medical situation with the LCSO and his direct oral request for his records from the LCSO M.D. was refused.
- 17) On 9/24/19 Huminski attempted to get his medical records from the LCSO by visiting two LCSO locations without success.
- 18) Huminski has filed a freedom of information request to the LCSO to obtain his medical records and he is awaiting a response. See link, <https://www.muckrock.com/foi/lee-county-36/lee-sheriff-records-request-81140/>
- 19) Both the pharmacists and doctors involved with the LCSO know that new residents with LCSO do not get any consultation with a M.D. prior to initial prescribing of medicines or discontinuing medicines.
- 20) Although Huminski may or may not have had symptoms related to the sudden stopping of alprazolam, its clear from just looking at the

prescribing information that this is not a safe practice. It also is not safe to experiment with a patient's blood pressure medication without first seeing the patient.

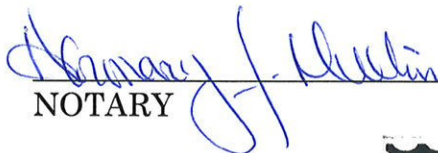
- 21)The LCSO physicians and pharmacist employees failed to “Do No Harm”, by design of the system they work within.
- 22)Huminski waives all HIPAA rights related to his medical records held by the LCSO and these records may be made public to further transparency related to this rogue medical provider.

Dated at Bonita Springs, Florida this 7th day of October, 2019.



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SWORN AND SUBSCRIBED to before me on October 7, 2019



NOTARY

Nov. 15, 2020
EXP

